

		Mese / Month / Muaj											
		1	2	3	4	5	6	7	8	9	10	11	12
<b>Verdure / Vegetables / Perimet</b>	Carciofi / Artichokes / Karçof					X	X						
	Coste / Chard / Chard	X	X	X	X						X	X	X
	Broccoli / Broccoli / Brokoli			X	X	X	X						
	Cappuccio verza / Cabbage / Lakër	X	X	X						X	X	X	X
	Carote / Carrots / Karrota	X	X	X	X	X					X	X	X
	Cavoli / Cabbages / Lakërishte				X	X	X	X	X	X	X		
	Cipolla / Onion / Qepë	X	X	X	X						X	X	X
	Zucchine / Zucchini / Kungulleshë					X	X	X					
	Zucche / Pumpkins / Kunguj						X	X	X	X			
	Cetrioli / Cucumbers / Kastravecë									X	X	X	
	Fagioli / Beans / Fasule						X	X	X	X			
	Finocchi / Fennel / Kopër						X	X	X	X			
	Cardi / Thistles / Murriz	X	X	X	X	X							
	Peperoni / Peppers / Specca	X	X									X	X
	Porri / Leeks / Presh					X	X	X	X	X			
	Insalate / Salads / Sallatë e gjelbër	X	X	X	X					X	X	X	X
	Radicchio / Chicory / Çikore				X	X	X	X	X	X			
	Rape / Beetroot / Rrep i kuq	X	X	X							X	X	X
	Rucola / Arugula / Rukolla										X	X	X
	Sedano / Celery / Selino				X	X	X	X	X				
Asparagi / Asparagus / Asparagus					X	X	X			X	X		
Spinaci / Spinach / Spinaq			X	X	X								
Verza / Savoy cabbage / Lakër e gjelbër			X	X	X								
Fagiolini / Green Beans / Bishtaja	X	X	X	X						X	X	X	
Fagiolini					X	X	X	X	X				